# CI 499: Attention, Learning and Technology

Spring 2016

Dr. Emma Mercier College of Education Room: 396 mercier@illinois.edu Class: Thursday 4-6.50pm Office hours: Tuesday 1.30-3.30

## Purpose

As the range and presence of technology increases in our world, more and more experiences are either mediated or interrupted by these technologies. Concerns about the effect of interruptions are coupled with enthusiasm for the potential of technology to radically alter the learning environment. In this class, we'll look at the research on the relationship between attention and learning, recent work on the effects of multitasking and the influence that using technology in classrooms has on students' engagement and attention. We'll also look at arguments about how the changes in technology influences the speed (and depth) of thought, attention disorders and the use of technology and consider how the management of attention is a key tool for learners to develop.

## **Assignments and Grading**

#### **Attendance and Participation: 10%**

Class sessions will require discussion of the articles and be a number of collaborative activities to take part in during and between classes, as such, attendance and participation are essential to everyone having successful learning experiences during the course.

#### Weekly reflection blog: 10%

Each week, you should respond to the reflection prompt on the blog before Wednesday night. You are also encouraged to read and comment on other people's posts before coming to class.

#### Wearable assignment presentation: 15%

You will choose 3 devices to test (for at least 2 days each). Devices are for activity tracking and/or notification. Present in class in week 7.

#### Data collection assignments: 25%

There will be four data collection assignments throughout the semester. Each of these will take one to two hours to complete. A protocol will be provided for each assignment. The data will be discussed in class, and contributed to a joint folder for the final projects.

#### **Final Project: 40%**

Using one of the data-sets we collect during class, you will ask a research question and write a research paper. Guidance and support will be provided. You can work in groups for the project and presentation; individual papers are required. Due dates:

Proposal (1 page): April 1<sup>st</sup> Presentation: April 30<sup>th</sup> (5%) Paper submission: May 5<sup>th</sup> (35%)

**Undergrad:** Paper should be 10-15 pages **Graduate**: Paper should be 15-25 pages and draw on literature outside of the course topics.

**Statement of academic Integrity:** The Code of Policies and Regulations Applying to All Students will be applied in all instances of academic misconduct committed by students. This applies to all exams, presentations, assignments and materials distributed or used in this course. You can review these policies at the following web site: <u>http://admin.illinois.edu/policy/code/article1\_part4\_1-401.html</u>

Accommodations: Your success as a student is of utmost importance to me. If you have a disability or any other special circumstance that may have some impact on your work in this class, and for which you may require special accommodations, please contact me within the first two weeks in the semester so that accommodations can be made in a timely manner.

	Date	Topic	Reading & activity Due			
1	Jan 21 <sup>st</sup>	Introduction				
2	Jan 28 <sup>th</sup>	Two contrasting views of technology, learning & attention	Read:   Davidson (2011) Ch 2   Turkle (2011) Ch 9   Watch: <a href="http://gawker.com/short-film-about-smartphone-overuse-is-smart-poignant-1189811144">http://gawker.com/short-film-about-smartphone-overuse-is-smart-poignant-1189811144</a> Activity: Turn off devices/connectivity for 1 hour while working; Respond to blog prompt – reflect on your own use of technology			
3	Feb 4 <sup>th</sup>	What is attention	Anderson (2000) Ch 3 Activity: Turn off devices during a class! Respond to blog prompt.			
4	Feb 11 <sup>th</sup>	Neuropsychology of attention	Read: Draganski et al., 2004 <u>http://www.newyorker.com/tech/elements/anatomy-attention</u> (or Baldauf & Desimone, 2014)			
Inte	<b>Interview assignment:</b> Using protcol developed in class, interview 2 people about their use of					

# Syllabus outline:

technology in learning settings.						
5	Feb	Multi-tasking	Ophir, Nass, & Wagner, 2009;			
	$18^{\text{th}}$					
			Molloy et al (2015) OR Minear, Brasher, McCurdy, Lewis, &			
			Younggren, 2013;.			
			Activity: Complete MMI			
6	Feb	Mindfulness	Dariotis et al., 2015			
	25 <sup>th</sup>		Ager et al, 2015			
			http://www.theatlantic.com/education/archive/2015/11/mantras-			
			before-math-class/412618/			
			Activity: Come to class with 5 questions for a survey about			
0			technology use.			
Sur	vey Assi	ignment: Find 5 pec	pple to complete the survey we design in class			
1	March	Wearable	WEARABLE PRESENTATIONS			
	3	presentations	(no readings)			
		. A				
	servatio	n Assignment: Choo	ose from one of a list of lecture classes. Using protocol to obseve			
o	Moroh	Technology during	Eriod 2008			
0		attention and the	Fileu, 2008, Coudroou Mirondo & Coroou 2012:			
	10	allegaroom (1)	Gaudieau, Millianda, & Galeau, 2013,			
		classicolli (1)	Aguilai-Roca, williams, & O Dowd, 2012, Mueller & Oppenheimer, 2014			
			Muener & Oppennenner, 2014			
9	March	Technology	Andersson Hatakka Grönlund & Wiklund 2013			
	17th	attention and the	Beland & Murphy 2015			
	1,011	classroom	Duncan, Hoekstra, & Wilcox, 2012:			
		(2)	Williams, Berg, & Gerber, 2011:			
		(-)				
	SPRING BREAK					
	Obse	<b>Observation Assignment:</b> Observe use of digital technologies during a social event (as				
	participant or non-participant observer). Use protocol and submit before March 31 <sup>st</sup>					
10	March	Technology,	Davidson (2000) Ch 3			
	31 <sup>st</sup>	attention and the	Levy, 2007			
		classroom (3)				
11	April	AERA – no class				
	7 <sup>m</sup>					
10	1	Watch: https://www.youtube.com/watch?v=ReRcHdeUG9Y				
12	April	Developmental	Barkley, 1997			
	14"	and Attention	Steiner et al, 2011			
		Disorders	Kaggi & Chronis, 2006;			
12	A m1	Davalan <del>manta</del> l	Hauranda Dullaak Dast & Hansar 2011.			
13	Apin 21 <sup>st</sup>	and Attention	Venkatesh Greenhill Dhung & Adams 2011			
	21	disorders and	Venkatesh, Oreennin, Fluing, & Adams, 2011 Weiss & Harris 2001			
		technology	W C155 & 1141115, 2001			
14	April	Final Class	Final Project Presentations			
14	1 ipin					

28 <sup>th</sup>	

## **Reading list**

## Books

Davidson, C.N. (2011) Now You See It: How the brain science of attention will transform the way we live, work and learn. Viking.

Anderson, J.R. (2000) Cogntivie Psychology and its Implications. Worth Publishers.

Steiner, H. (Ed.) (2011) Handbook of Developmental Psychiatry. World Scientific.

Turkle, S. (2011) Alone Together: Why we expect more from technology and less from each other. Basic Books.

# Articles

- Ager, K., Albrecht, N. J., & Cohen, P. M. (2015). Mindfulness in Schools Research Project: Exploring Students' Perspectives of Mindfulness. *Psychology*, 6(June), 896–914.
- Aguilar-Roca, N. M., Williams, A. E., & O'Dowd, D. K. (2012). The impact of laptop-free zones on student performance and attitudes in large lectures. *Computers & Education*, 59(4), 1300–1308. doi:10.1016/j.compedu.2012.05.002
- Andersson, A., Hatakka, M., Grönlund, Å., & Wiklund, M. (2013). Reclaiming the students – coping with social media in 1:1 schools. *Learning, Media and Technology*, (December 2013), 1–16. doi:10.1080/17439884.2012.756518
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- Dariotis, J. K., Mirabal-Beltran, R., Cluxton-Keller, F., Gould, L. F., Greenberg, M. T., & Mendelson, T. (2015). A Qualitative Evaluation of Student Learning and Skills Use in a School-Based Mindfulness and Yoga Program. *Mindfulness*. doi:10.1007/s12671-015-0463-y
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- Duncan, D., Hoekstra, A., & Wilcox, B. (2012). Digital Devices, Distraction, and Student Performance: Does In-Class Cell Phone Use Reduce Learning? *Astronomy Education Review*, 1–4. Retrieved from http://link.aip.org/link/?AERSCZ/11/010108/1
- Fried, C. B. (2008). In-class laptop use and its effects on student learning. *Computers & Education*, *50*(3), 906–914. doi:10.1016/j.compedu.2006.09.006
- Gaudreau, P., Miranda, D., & Gareau, A. (2013). Canadian University Students in Wireless Classrooms: What do They Do on Their Laptops and Does it Really Matter? *Computers & Education*, 70, 245–255. doi:10.1016/j.compedu.2013.08.019

- Hembrooke, H., & Gay, G. (2003). The laptop and the lecture: The effects of multitasking in learning environments. *Journal of Computing in Higher Education*, 15(1), 46–64. doi:10.1007/BF02940852
- Hourcade, J. P., Bullock-Rest, N. E., & Hansen, T. E. (2011). Multitouch tablet applications and activities to enhance the social skills of children with autism spectrum disorders. *Personal and Ubiquitous Computing*, *16*(2), 157–168. doi:10.1007/s00779-011-0383-3
- Junco, R., & Cotten, S. R. (2012). No A 4 U: The relationship between multitasking and academic performance. *Computers & Education*, *59*(2), 505–514. doi:10.1016/j.compedu.2011.12.023
- Land, R. (2011). Speed and the unsettling of knowledge in the digital university. In R. Land & S. Bayne (Eds.), *Digital Difference* (Vol. 50). Sense Publishers. Retrieved from http://link.springer.com/chapter/10.1007/978-94-6091-580-2\_5
- Levy, D. M. (2007). No time to think: Reflections on information technology and contemplative scholarship. *Ethics and Information Technology*, *9*(4), 237–249. doi:10.1007/s10676-007-9142-6
- Minear, M., Brasher, F., McCurdy, M., Lewis, J., & Younggren, A. (2013). Working memory, fluid intelligence, and impulsiveness in heavy media multitaskers. *Psychonomic Bulletin & Review*. doi:10.3758/s13423-013-0456-6
- Mueller, P. a, & Oppenheimer, D. M. (2014). The Pen Is Mightier Than the Keyboard: Advantages of Longhand Over Laptop Note Taking. *Psychological Science*, 25, 1159–1168. doi:10.1177/0956797614524581
- Ophir, E., Nass, C., & Wagner, A. D. (2009). Cognitive control in media multitaskers. *Proceedings of the National Academy of Sciences of the United States of America*, 106(37), 15583–7. doi:10.1073/pnas.0903620106
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